



FRM Physical Intervention and Handcuff Restraint Programme

Course Overview

This bespoke course has been developed for staff, who by virtue of their role may be required to physical intervene in a range of situations that may culminate in a restraint, arrest or detention of an individual. The programme involves delegates applying a range of techniques including the use of mechanical restraining device (such as handcuffs and leg wraps). The programme has been designed to encompass best practice plus safe application of a range of effective physical intervention and control and restraint techniques. All techniques taught have been thoroughly researched and are under-pinned by legal, medical & moral considerations.

Benefits

This programme builds on the learning conducted during other forms of physical intervention training, such as the Level 2 Award for Up Skilling a Door Supervisor within the Private Security Industry (QCF) or equivalent. Training will provide staff with the knowledge, understanding, skills, attitude and behaviour to confidently deal with individuals who, despite best efforts, do not respond to communication, and continue to pose a clear and present danger. All skills are based on simple yet effectively proven techniques that produce minimal potential for injury to all involved. All techniques are designed and delivered around a competency framework and been reviewed by an Expert Witness in the Use of Force.

Course Framework

The award consists of three modular units and must be successfully passed before delegates are graded as competent. A Certificate of Competence in Physical Intervention and Handcuff Restraint will be awarded upon successful completion of the programme. Each unit comprises of the following modules:

Unit 1: The National Decision Model and its sub components that includes;

Analysis of information & intelligence - Threat & Risk Assessment – Relevant Legislation - Available Options/Communications - Actions

Unit 2: Primary Control Skills and associated medical implications

Unit 3: Handcuff Restraint and associated medical Implications.

Although predominately a practical programme, the course is evenly balance in relation to theoretical and practical activities. All course trainers are qualified academically and in specialist physical intervention and control & restraint skills. Trainers will coach and monitor students throughout the programme. Due to the nature of the subject being taught trainer to student ratio will be 1:10. Maximum course number will are set at 10. Please see the note below regarding student suitability for attendance on this course.

Course Content

The following components will be covered on this programme;

- The National Decision Model (NDM Police Model)
- Threat assessment and risk management concepts
- Recognition of signs of escalation / de-escalation in subject aggression.
- Conflict communication strategies
- Legislation with regards to use of force, Human Rights, Mental Capacity
- Personal management concepts and strategies, including stance, movement and balance
- Primary / Interim physical intervention control techniques
- Handcuff Restraint techniques
- Leg Wrap Restraint techniques
- Medical implications and associated conditions
- Statements and recording of incidents.

Course Duration

This programme is held over 3 days and is conducted at our training centre in Portsmouth or organisation and request that the programme be conducted at a suitable venue of their choice. For course cost please contact our office for more information on 02392-659296 or email info@farrow-rm.com

Please note:

Students attending this programme must be physically able to safely and effectively apply the techniques included in the programme. If you are unsure of your ability to attend this programme then please contact our office on the above number for further advice.